

Supporting Our Community

Sakura House Opens



Therese Deserres, Christine Wilde, Karen Seguin, Mary Anne Silverthorn

The Victorian Order of Nurses has transformed a 12,000 square foot private home - generously donated by **Toyota Motor Manufacturing Company Inc.**-into a ten bed residential hospice. Christened *Sakura House*, this retreat will provide a state-of-the-art alternative care setting for palliative patients and their families. The **Retired Teachers of Ontario** have provided \$ 4000 in financial support for Oxford's only facility of this nature. The cost has been shared by our provincial office and our own District 37(Oxford). Our contributions have been specifically targeted to a *Children's Playroom and Media Centre*.

This sound proof centre has been designed and furnished as a haven for children to be themselves: a safe secure room where children can be left in the care of a dedicated volunteer while parents deal with the critical issues in the daily care of a loved one. It was a proud day for Karen Seguin and her executive team when the cheque was presented to Christine Wilde, the *Campaign Director* for the **VON/Oxford-Sakura House**.

One of the aims of RTO is to highlight the continuing community contributions of retired educators. Such an outreach effort as this suggests that RTO is not only(to quote our logo) "here for you today: here for your future" but also "here for our **community** today: here for our **community** in the future."

IN THIS ISSUE

Business

Message From the President	2
Techy Tip	4
Reviewing Our Constitution	9
Goodwill Reps & Callers	10
In Memoriam	7
Executive Members	9

Events

Sakura House	1
Celebrating 100 Years	3
Bellringer Breakfast	5
Appreciation Luncheon	6
RTO Fall Banquet	7
School Centenary	8

Travel

California Dreamin'	5
Trip Summaries	6



A Message From Our President

“Fall Changes”

It is difficult to believe that it is fall and the beginning of another season. The summer was so short and the weather not pleasant. Now we are very happy to be receiving some glorious weather and watching the artist's paint brush change the landscape daily.

It seems just a few short months ago that I as your newly elected president welcomed all to the start of another year. That year is now almost history as your District Executive prepare for the Annual Meeting and Luncheon on November 3. It has been a great year as we welcomed new members, celebrated memorable events with others, and made donations for the ongoing work of organizations in our county.

Provincially your District has sent two Senators and two Observers to both the Spring and Fall Senate in Toronto where we participate in the decision making process for Retired Teachers' of Ontario. In addition your Committee Chairpersons have attended training workshops/ conferences for their area of focus.

Your Executive has supported many local events such as the Canadian Challenge. It was a rewarding pleasure to present \$4000.00 to Sakura House to assist with furnishing the children's room. This donation was a combination of both local and provincial monies.

Locally it is the members of the Goodwill team under the leadership of Chairperson Ellen Wallace that make our District come alive for our members. The Goodwill volunteers make calls to homes for attendance at luncheons and events but they also send remembrances to the homes of sick and shut-ins and other special occasions. They remember all of our 80 and over at Christmas time with a Poinsettia and oversee charitable donations at times of sadness. To these people and Ellen we say a very sincere thank you for you are the “cornerstone” to our district.

The Bellringer Breakfast is a highlight event for all those who are just joining the RTO. If you know of others who have retired but are not members of RTO, encourage them to join. Talk to them about the amazing Health benefits that will be important to them. You can be a good will ambassador for RTO.

In a few short days my term will end and there will be new officers as of November 3. It has been a great year. Thank you to all for supporting your local District 37 and the ongoing work of the Retired Teachers' of Ontario.

RTO --“ Here for you now --- Here for your future.”

Men's Health Event: Reducing Your Cancer Risk

Information about prostate, skin and colorectal cancer

The Canadian Cancer Society is holding its first ever **Men's Health Prevention Event** in Woodstock on Tuesday October 20 at 7:00 p.m. Presenters will be Dr. R. Voegelin, Dr.K.Fryer, Dr. J. Brioux and Dr.G .I. El-Saviti. Colorectal cancer affects both men and women and information will be relevant to all.

This is a free event to be held at the South Gate Centre in Woodstock, but please reserve a spot by calling in your RSVP response to 519-537-5592 or 1- 877- 577-7797

CELEBRATING 100 YEARS

Representatives from your local RTO executive were pleased to represent our organization at the 100th birthday celebration for Mrs. Alice Jaques. Alice taught at WCI for many years before her retirement in 1971. Dorothy Lowes, representing the Goodwill Committee, presented Alice with a floral arrangement on behalf of her fellow RTO colleagues. Alice also received a 100 year certificate from the provincial office.



Goodwill caller
Dorothy Lowes
congratulates
Alice Jaques

Alice's longevity is a reminder of the shifting demographics in this the twenty first century. The Ontario Teachers' Pension Plan is now serving over 100 pensioners who have reached the century plateau. District 37 (Oxford) is the proud host for three such intrepid seniors. Friends of Jean Shier will be pleased to know that Jean has embarked on her 103rd year. Her Goodwill caller, Bernice Marsland, informs us that Jean still lives independently in her apartment in Woodstock. We extend best wishes to Evelyn Cryderman of London who is our third centenarian.



Bernice Marsland and Mary Anne Silverthorne present Jean Shier with an RTO certificate



Retired friends with Alice Jaques

How Things Have Changed!

Those who retired in the 90's (the 1990's that is) may recall a special Professional Activity Day designed to promote an awareness of the oncoming technological deluge. The event was organized under the superintendency of Glen McDonald and his administrative team. Some of us may have been forgiven for thinking that with imminent retirement we might escape unscathed.

How wrong we were! Retirement has not meant quiet seclusion on covered front porches. The internet has opened a whole realm of information, communication and recreation. What we thought we had been spared now represents opportunity, freedom and challenge. For this reason we are continuing our series on *Techy Tips* from our Webmaster, Bill Ebel. Privacy of information, internet courtesy, and protocols to protect our safety and security are the topic for Bill's submission this fall.

Techy Tip

Bcc: Means Privacy and Efficiency with Group Email

I'm sure you have seen emails that were *obviously* sent to a group of people: everybody's email address is in the To: (or the Cc:) field, forming a long, long list. This not only looks odd and unprofessional, it also **exposes the email addresses of people who may have wanted to keep them private.**

Fortunately, you don't have to send individual emails to avoid exposure of email addresses. In addition to **To:** and **Cc:** recipients that show up in the email's headers, **you can insert [Bcc:](#) recipients.**

Let's find out what **Cc:** and **Bcc:** are for.

Cc: — Carbon Copy"Cc" (carbon copy) is short for "carbon copy". Those naming and designing this email feature probably had the real world counterpart to email in mind: letters. Carbon copy paper made it possible to send the same letter to different people without the onerous task of having to type it twice. The analogy works well. An email is sent to the person in the *To:* field, of course. A verbatim copy of the message is also sent to all the addresses listed in the *Cc:* field. Yes, there can be more than one email address in this field, and they all get a copy. To enter more than one address in the *Cc:* field, separate them with commas. The *Cc:* recipients addresses, however, appear in the header lines. Every recipient of the message can see all the To and CC recipients thus exposing their email addresses to all recipients.

Bcc: — Blind Carbon Copy is a copy of an email message sent to a recipient whose email address does not appear in the message. The *Bcc:* field helps you deal with the problems created by *Cc:*. As it is the case with *Cc:*, a copy of the message goes to every single email address appearing in the *Bcc:* field. **The difference is that neither the *Bcc:* field itself nor the email addresses in it appear in any of the copies.** The only recipient address that will be visible to all recipients is the one in the *To:* field. **So, to keep maximum anonymity you can put your own address in the *To:* field and use **Bcc:** exclusively to address your message.**

Add Bcc Recipients in Windows Mail or Outlook Express

To add a Bcc recipient to a new message in Windows Mail or Outlook Express:

- Select *View* from the message's menu.
- Make sure *All Headers* is checked.

A *Bcc:* field appears right below the *Cc:* field and can be used to add Bcc recipients to the message in Windows Mail or Outlook Express.

Bellringer '09

Our Bellringer Breakfast on September 8 presented an opportunity for your Executive to promote the advantages of RTO membership (and RTO insurance). Over 75 people were in attendance, including 10 recent retirees.



Ed Weiss, Richard Thurtell, Marg Thomas, Barb MacKinnon, Wendy Jackson, Cathy Palmer, John Coedy, Marie Desforges, Barbara Machmueller, Bob Atkinson.

District 37 welcomes newly retired teachers at the Bellringer Breakfast.

Travelling outside of province this winter? Take your RTO Health Insurance booklet with you including the insert in the rear of the booklet that deals with the specifics of out-of-province coverage.

California Dreamin' Vacation

We are indebted to Linda Round and Shirley Drew for forwarding us their interesting description of the RTO spring trip to California. Space has prevented a full rendition in this printed newsletter, but we trust that this summary will convey some of the excitement that they and their colleagues experienced. A full version of Linda's and Shirley's write-up has been made available to email subscribers.

The California spring trip last March started off in San Francisco with visits to Pier 39 and Alcatraz. The famed cable car ride was a must for everyone. Yosemite National Park, Monterey, and Cannery Row were features in the early part of the tour. Breathtaking coastlines are one of California's features, and our RTO group enjoyed them to the full. The Hearst Castle, Santa Barbara, the Big Sur coast were memorable experiences along the way. Then came Los Angeles, Hollywood, and the Kodak theatre. San Diego, California's second largest city, presented great opportunities as the tour drew to its close. Shirley and Linda ended their account with this comment:

What an amazing busy trip filled with interesting places to explore, friendly travelling companions, delicious food, and best of all, a promise of more great trips to follow.

FUTURE TRAVEL PLANS FOR 2010 TO 2012

MARCH 14 - 26, 2010 SAN ANTONIO AND CANYON COUNTRY

OCTOBER 27 - NOV. 16, 2010 DISCOVER SOUTH AMERICA; PERU, (FEATURING
MACHU PICCHU), CHILE, ARGENTINA AND BRAZIL

MAY 20 - MAY 29, 2010 THE IMPERIAL CITIES FEATURING BUDAPEST, VIENNA,
PRAGUE AND SALZBURG AND THE OBERAMMERGAU PASSION
PLAY

*WE HAVE BEEN ABLE TO SECURE SOME "WAIT LIST" SPACES FOR THIS TRIP. PLEASE CONTACT
DOUG OR LISA AT ROBERTQ TRAVEL AND CRUISE CENTRE 1-866-539-8124 ASAP!!!!*

TRIPS IN THE PLANNING STAGE

SOUTHERN ITALY AND SICILY: INCLUDING PALERMO, MONREALE, AGRIGENTO, VALLEY OF
THE TEMPLES, PIZZA ARMERINA, MT. ETNA VOLCANO,
GIARDINI NAXOS, TAORMINA, SORRENTO, AMALFI COAST,
ROME, THE COLOSSEUM AND THE TREVI FOUNTAIN

RUSSIAN WATERWAY CRUISE: INCLUDING MOSCOW AND ST. PETERSBURG HERMITAGE
MUSEUM, CATHERINE PALACE, KIZHI ISLAND, VOLGA RIVER,
ST. BASIL'S CATHEDRAL, MOSCOW, RED SQUARE AND
THE KREMLIN

EGYPT AND JORDAN: INCLUDING AMMAN, PETRA, DEAD SEA, CAIRO, PYRAMIDS,
ASWAN, THREE NIGHT DELUXE NILE RIVER CRUISE, LUXOR
AND THE VALLEY OF THE KINGS AND QUEENS

**DOUG PUDDICOMBE, DISTRICT 37 TRAVEL CHAIR,
519-539-3260
dougail@execulink.com**

Appreciation Luncheon Goodwill Callers

**Thursday, October 22
South Gate Centre
11:45 a.m.**

Discussion and Debriefing to Follow

An opportunity for Ellen and the RTO executive to say thanks to you

The Annual Meeting and Fall Banquet

The Retired Teachers of Ontario

District 37: Oxford

When: Tuesday, November 3, 2009

Where: Mount Elgin Community Centre
(Highway 119 south of Ingersoll)

Time: Social 11: 30 a.m.
Dinner 12:00 noon

Programme: Annual Meeting; Election of Officers;
Committee Reports; Review of
Constitution

Your Goodwill Caller will be in touch to inquire as to your attendance. It is nice to know when company is coming.
(Please remember your obligation.)

**(Goodwill Callers Please Note: Numbers should be
returned to Harry Lipsit by October 23
519 424-9367 or hdlipsit@3web.com)**

IN MEMORIAM

We recognize the passing of friends and associates, and give thanks for the contributions of lives well lived.

**Donald Hill
Keith Pethick**

Loved long since, though lost awhile



Princess Elizabeth Public School, Ingersoll

Centenary - Celebrations

On September 1, 1909 the children living on the north side of the Thames River entered the school newly built for them in Ward One. Above the doorway was the freshly carved stone marking the year. In September 2009, as they have for one hundred years, children will again arrive for the first day of a new school year at Princess Elizabeth and pass under that same stone. It is time to commemorate and celebrate.

In 1938, royal consent was graciously given to officially change the name of the school from Ward School to Princess Elizabeth Public School and we are very proud of this association and honour. We feel a special connection to Her Majesty and display and enjoy her portraits on our library wall. The letter of permission and a lovely portrait of the young Princess are treasures among these.

Throughout its life this school has itself remained a cornerstone in the neighbourhood. Families have attended for five and six generations. At least one student has a great grandparent living down the street from the school. It remains very much a community school with a sense of its history, a commitment to our children today, and a responsibility to the future.

During the past school year at Princess Elizabeth School students, staff, parents, and the wider community have been involved in a variety of activities focussed on our 100th anniversary. Interest, enthusiasm, learning, planning, sharing, displaying, celebrating, and more continue to be the order of the day. The upcoming fall term will begin with extra excitement as we prepare for our 100th Birthday Open House on Saturday, October 24, 2009.

Princess Elizabeth Public School in Ingersoll invites you to be part of the centenary commemoration and celebrations.

Evanne Ketchabaw
For the 100th Anniversary Committee, Princess Elizabeth Public School
July 2009

Review of Constitution

You may recall that our provincial office requires us to review our constitution every four years. That task has fallen to our Constitution Committee under the chairpersonship of Dave Minielly. Proposed changes were published in the spring newsletter, and need to be passed by the general membership on November 3. Both the proposed changes and the original Constitution appear on our website (www.rtooxford.org). Members may also contact any executive member for hard copy versions. Most changes are minor in nature, and reflect adjustments made to satisfy provincial requirements. The Executive appreciates Dave's work in seeing this task through to its conclusion.

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Laura Rex	81 James St, Tillsonburg, N4G1A5	842-2291 {Dar-Hil}
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